

~ The Healing Properties of Crystals Gemstones ~

Gemstone	Healing Properties	Treats	Chakra
Abalone	Diversifies the personality, balances the feminine qualities, strengthens the meridians, aligns the etheric body, strengthens the muscles & heart.*	Spinal Degeneration Diseases.	Heart
Agate (Botswana)	Whole body oxygenation, balances emotional body, increases joy - eases depression & lethargy, aligns throat chakra.*	Lung or brain damage.	Throat
Agate (Fire)	Stimulates cell memory, tissue regeneration, & the entire Endocrine System. Grounding, balancing, & Harmonizing.*	Unites the mental, emotional, & spiritual bodies.	Root & Heart
Agate (Moss)	Proper assimilation of proteins, increased nutrient absorption, balances the mental & emotional bodies, develops practical spirituality, & helps attune to nature.*	Anorexia Nervosa, Lymphoma, Hodgkin's, Diabetes, & Hypoglycemia	
Agate (Picture)	Strengthens respiratory system, eases apathy, balances emotions, strengthens meridians, stimulates visualization between left and right brain.*	Autism, dyslexia, epilepsy, physical coordination, & visual problems.	
Amazonite	Aligns the etheric & mental bodies, amplifies thoughts, stimulates synapses, strengthens meridians.*	(Enhances vibrational remedies.)	Heart & Solar Plexus
Amber	Strengthening of thyroid, inner ear, & neurological tissue, stimulates DNA processes, aids in cell mitosis, spiritualizes the intellect, reduces anxiety, opens brow & emotional chakras, aligns the mental body.*	Diseases of the brain & central nervous system + viral inflammations.	Brow & Spleen
Amethyst (Quartz)	Good for low self esteem, uncenteredness, or hyperkinetic activity. Stimulates the visionary capacity & enhances meditation. Increases intuition & integrates emotion, mental & spiritual bodies.	Diabetes, Hypoglycemia, & diseases of immune system or blood sugar levels.	Brow & Heart +
Aventurine	Cleanses the etheric, emotional, & mental body; alleviates psychosomatic illness, anxiety, & fear; emotional tranquility & positive attitude; thought amplification.*	Psychosomatic Illness, Anxiety & Fear	Heart & Throat
Azurite	Stimulates the spleen, thyroid, & skin tissue; expansion of consciousness; amplifies healing abilities; strengthens etheric body; opens spleen & abdominal chakras. *	Hypothyroidism, spinal curvature, skin tissue, & bone disease.	Solar Plexus & Spleen
Calcite	Aids kidney function, eliminates toxins, increases mental capacity for astral projection, balances yin & yang qualities.*	Diseases of the kidneys, spleen, & pancreas.	
Carnelian (Agate)	Improved oxygenation & tissue regeneration, strengthens respiratory system, increased nutrient absorption & elasticity of blood vessels and cellular tissue.*	Overexposure to sun light & x-rays	Heart
Citrine (Quartz)	Alignment of astral, emotional, soul, & spiritual bodies. Regenerates the circulatory system & detoxifies the body. Develops, stores, & amplifies clearer thought forms. Increased control of emotions.*	Appendicitis, gangrene, toxemia.	Base, Heart, & Throat
Copper	Total awareness of self and psychospiritual self-confidence. Aligns all subtle bodies; treats cosmic radiation; greater flexibility of bone tissues, increase thought amplification.*	Arthritis, rheumatism, intestinal disorders, & activity of the inner ear.	Bottom Five Chakras
Coral	Strengthens the heart, circulatory system, spine, & bones. Stimulates tissue regeneration. Increases concentration, balances character & male/female qualities.*	Anemia, hemorrhaging, varicose veins, & bone disorders.	
Flourite	Strengthens bone tissue, & tooth enamel; stimulates lung tissues; increases ability to perceive the higher levels of reality; increased assimilation of the life force into the physical body.*	Bone tissue & dental disease.	
Garnet (Rhodolite)	Increase capillary action, nutritional assimilation, & skin flexibility. Astral & etheric bodies are aligned.*	Pre-cancerous conditions.	Brow
Garnet (Spessartine)	Strengthens the heart, liver, kidneys, and thyroid. Aligns the emotional & spiritual body.*	Sexual diseases & disorders.	Heart Thyroid & Spleen
Gold	Balancing the Heart Chakra, general tissue regeneration, desire for illumination of higher self, storing & amplification of thought forms, enhances biomolecular functions, & many other healing properties.*	Heart Disease, psychosomatic illnesses, diabetes, muscular dystrophy, & more.	Heart & All Higher Chakras
Hematite	Good for all blood disorders, blood-cleansing function of kidneys, low self-esteem, tissue regeneration, strengthens etheric body, increased ability for astral projection.*	Blood Diseases, Headaches	Spleen
Lapis Lazuli	Potent cleansing abilities, invigorates the lymphatic system, treats inflammation of the throat & tonsils, aligns the etheric, mental, & spiritual bodies, stimulates spiritual expression.*	Diseases of the spleen, lungs, lymph, throat & thymus + Hodgkin's	Thyroid
Malachite	Treats mental illness, radiation-induced illnesses, & overintoxification. Aligns etheric & emotional bodies. Strengthens heart, pituitary & pineal glands, circulatory system & capillary action.*	Autism, dyslexia, epilepsy, physical coordination, & visual problems.	Heart & Solar Plexus
Moonstone	Eases anxiety & stress, aligns vertebrae, improves food digestion, develops clairvoyance & psychokinetics. Aligns astral & emotional bodies. Activates brow & crown chakras.*	Ulcers, feminine problems, abdominal tension, cancer, & skin problems.	Abdominal, Brow, & Crown
Obsidian	Balances the stomach, intestinal tract, & general muscle tissue. Aligns mental & emotional body.*	Eases viral & bacterial inflammation.	Sacral
Onyx	Strengthening of heart, kidney, nerve, & skin tissue. Increased capillary action. Balances male & female qualities. Increase sensitivity & integration of self.*	Neurological disorders, apathy, & stress.	Solar Plexus, Root, & Throat
Pearl (light & dark)	Alleviates emotional imbalances, amplifies emotions, aligns emotional & etheric bodies.*	Ulcers, stress, & anxiety.	Lower 3 Chakras
Peridot	Stimulates tissue regeneration for the entire body, while gradually removing toxicity. Increases clarity & patience. More positive outlook. Aligns all subtle bodies & activates the Heart chakra.*	Eases depression. Removes toxicity.	Heart
Quartz (All Forms)	Protection against radiation. Storing & broadcasting thought forms.*	Radiation overexposure.	
Quartz (Clear)	Amplifies crystalline properties of the body such as cell salts. Alleviates emotional extremes. Aligns emotion & etheric body. Amplifies thought forms. Stores & broadcasts information.*	Intestinal tract, ulcers, leukemia, & background radiation.	
Quartz (Smokey)	Increased fertility, initiation or release of kundalini energy. Aura cleansing. Increased creativity & clarity. Aligns mental, emotional, & astral bodies as well as base, sexual, & third chakras.*	Eases heart disease, muscular deterioration, & neurological disorders.	Lower 3 Chakras
Rose Quartz	Increase confidence, expression, & creativity. Balances emotions. Tissue regeneration in kidneys, red corpuscles, & fertility. Eases anger & tension.*	Eases sexual disorders, leukemia, circulatory difficulties, & radiation.	Heart & Throat
Silver	Stimulates nerve & neurological tissues and brain functions. Improves circulation & intellectual capacity. Treats psychological stress. Feminine qualities are balanced.*	Autism, dyslexia, epilepsy, brain imbalances, visual problems +	
Sodalite	Strengthens the lymphatic system, balances emotions for spiritual growth as well as yin & yang qualities.*	Lymphatic Cancer	
Topaz	Relaxes tension & stimulates the sympathetic nervous system. Spiritual & etheric rejuvenation. Aligns the physical & etheric bodies. Assimilation of newly stabilized emotions.*	Disease associated with aging.	Brow Chakra
Turquoise	Strengthens and aligns entire anatomy, all chakras, & all subtle bodies. Better absorption of all nutrients. Protects against environmental pollutants. Increase communication & psychic gifts.*	Eases All Diseases!	

Last Updated 10/7/08 - Will update again soon.

Note: Many Healing Properties come simply by the contact of a gemstone with the skin. Some healing properties, however, require the use of gemstone elixirs, meditation, or some other intentional method.

* Excerpts from *Gem Elixirs and Vibrational Healing Vol. 1*, 1989.